

I have been involved in GI nursing for the past nine years. My first experience with the GI field occurred years ago when I was working at Minor and James. I was a float nurse and would occasionally help out in the admitting and recovery area. It was a wonderful experience so when Virginia Mason gave me the opportunity to learn GI procedures, I took it.

A year after joining PNWSGNA, I became involved with the board, chairing the Vendor Coordinator committee, and I've been actively working on our Fall Conferences ever since. I find the members a fun bunch of dedicated people and I enjoy participating in all our projects.

When not working, I have many interests but mostly I like any activity that involves family, camping, bicycle riding, and cooking. This year I'm trying something new, I've taken up Yoga to improve my physical health and peace of mind.